

# Heptathlon Results

| Day 1 Pos. | Firstname | Surname  | Club             | 100m hurdles | Pts | HJ   | Pts | SP    | Pts | 200m         | Pts | TOTAL |
|------------|-----------|----------|------------------|--------------|-----|------|-----|-------|-----|--------------|-----|-------|
| 1          | Marylin   | Nwawulor | Harrow           | 13.91 (+1.2) | 991 | 1.63 | 771 | 11.91 | 655 | 24.93 (+0.2) | 895 | 3312  |
| 2          | Lucy      | Turner   | Gateshead        | 13.92 (+1.2) | 990 | 1.63 | 771 | 11.11 | 602 | 25.15 (+0.2) | 873 | 3236  |
| 3          | Joanna    | Rowland  | Crawley          | 14.81 (+2.7) | 867 | 1.63 | 771 | 13.06 | 731 | 25.36 (+0.2) | 854 | 3223  |
| 4          | Salcia    | Slack    | Jamaica          | 14.32 (+1.2) | 934 | 1.51 | 632 | 13.59 | 767 | 25.72 (+0.2) | 822 | 3155  |
| 5          | Jade      | Nimmo    | Sale             | 14.44 (+1.2) | 917 | 1.60 | 736 | 10.30 | 549 | 25.67 (+0.2) | 826 | 3028  |
| 6          | Nienka    | Du Toit  | South Africa     | 15.26 (+1.2) | 808 | 1.51 | 632 | 12.69 | 707 | 26.39 (+1.9) | 763 | 2910  |
| 7          | Ellen     | Barber   | Yeovil           | 16.00 (+2.7) | 714 | 1.60 | 736 | 10.90 | 589 | 25.69 (+1.9) | 824 | 2863  |
| 8          | Naomi     | Morgan   | Northern Ireland | 14.98 (+2.7) | 844 | 1.54 | 666 | 9.22  | 479 | 27.10 (+1.9) | 704 | 2693  |
| 9          | Laura     | Frey     | Northern Ireland | 16.49 (+2.7) | 655 | 1.48 | 599 | 9.75  | 513 | 26.59 (+1.9) | 746 | 2513  |
| 1 (U20)    | Emili     | Pardoms  | Belgium          | 17.46 (+2.7) | 546 | 1.63 | 771 | 7.90  | 393 | 27.10 (+1.9) | 704 | 2414  |

| Final Position | Firstname | Surname  | Club             | Long Jump | pts | Javelin | Pts | 800m    | Pts | TOTAL |
|----------------|-----------|----------|------------------|-----------|-----|---------|-----|---------|-----|-------|
| 1              | Joanna    | Rowland  | Crawley          | 5.81      | 792 | 38.15   | 632 | 2.16.98 | 865 | 5512  |
| 2              | Lucy      | Turner   | Gateshead        | 5.94      | 831 | 31.92   | 513 | 2.19.72 | 827 | 5407  |
| 3              | Salcia    | Slack    | Jamaica          | 5.46      | 688 | 41.94   | 705 | 2.29.46 | 700 | 5258  |
| 4              | Ellen     | Barber   | Yeovil           | 5.61      | 732 | 43.48   | 734 | 2.24.99 | 757 | 5086  |
| 5              | Jade      | Nimmo    | Sale             | 5.91      | 822 | 27.27   | 425 | 2.30.97 | 681 | 4956  |
| 6              | Nienka    | Du Toit  | South Africa     | 5.10      | 587 | 35.68   | 585 | 2.43.28 | 536 | 4618  |
| 7              | Naomi     | Morgan   | Northern Ireland | 5.35      | 657 | 18.36   | 258 | 2.31.11 | 679 | 4287  |
| 8              | Laura     | Frey     | Northern Ireland | 4.89      | 530 | 21.40   | 315 | 2.21.93 | 797 | 4155  |
|                | Marylin   | Nwawulor | Harrow           | 5.36      | 660 | DNS     | 0   | DNS     | 0   | DNF   |
| 1 (U20)        | Emili     | Pardoms  | Belgium          | 3.39      | 178 | 26.77   | 416 | 2.53.84 | 424 | 3435  |